

Nikos is 27 years old and also took part at the multiplier event held in Athens in September. He is currently unemployed after graduating from the Faculty of Philology from the National and Kapodistrian University of Athens.

"When I came at the multiplier event, I was very interested in learning concrete ways on how to develop my soft skills. Coming from a theoretical background, I understand the importance of those skills. But it was never taught to me as a methodology in school or in university. This is why I was interested in the event. I am currently unemployed searching for a job in difficult times, so skills development will be helpful on this quest but also for my personal emotional and mental health."

Nikos chose to focus on positive attitude and communication skills. "On my field those skills are really important. I believe I have a level of capacity on those skills but it is important for me to be able to have total control of those soft skills in tough situations".

Action Synergy remained in contact with Nikos after the multiplier event in order to help him with the use of UMJ outputs so he would be able to get the most from his experience.

"I was expecting to find the methodology interesting. I wasn't expecting to find the app useful. Coming from a theoretical background, I tend to work more with text (printed or electronic) rather than in an interactive online environment that gamifies the experience of learning. I found the app very useful because, if used correctly, it tracks progress. So, I used the app to feel the game aspect and track progress and I blended it with the printed toolkit in order to work on the activities suggested".

Nikos said to us that he will expand to other soft skills in the near future and he will be following Action Synergy's activity through social media in order to participate in any future similar opportunities.